



Ms Bethan Almeida

MSc (Allergy), PGCert (Independent Prescribing), BSc (Hons), RSCN, NHS England Core20PLUS Ambassador

I'm a Senior Nurse and Asthma Lead for the Brent Health Matters Children and Young People Health Inequalities Team. In this role, I lead targeted, cross-sector initiatives to improve access to asthma care for high-risk and underserved populations. A core part of my approach ensures all workstreams are co-designed and culturally appropriate, aligning with national health equity priorities.

My clinical background is in tertiary paediatric asthma and allergy services. I hold an MSc in Allergy from Imperial College, along with postgraduate qualifications in prescribing and respiratory care, and an Asthma Diploma. I've also led autonomous, nurse-led clinics, managing complex multimorbidity, diagnostics, and care planning. Beyond nursing, I have a background in teaching, holding qualifications in "Preparing to Teach in the Lifelong Learning Sector (PTLLS)", Coaching, and Mentoring.

Nationally, I contribute to practice improvement, policy development, and education through various roles. I'm involved with Asthma + Lung UK's Council of Healthcare Professionals, serve as a Core20Plus Ambassador for NHS England and am a Committee Member for the BSACI Allergy Education Network (BAEN).

I'm passionate about improving paediatric respiratory outcomes and embedding best practice, healthcare, and clinical education equity across services. I'm thrilled to be part of the Beat Asthma team, working alongside dedicated colleagues to make a real difference in the lives of children and young people with asthma.