



Sally Hails

I am a registered adult and paediatric nurse from Cardiff and have been qualified for 31 years. I found myself relocating to the North East after a holiday romance with a Geordie turned into marriage in 1995 – I have affectionately been known by colleagues and kids as Sally Hails from Wales ever since.

Most of my career has been focused around the care of patients with respiratory conditions. I have a special interest in paediatric asthma and have helped to develop the paediatric asthma service at The Great North Children's Hospital where I continue to have an active role. This has allowed me to develop my knowledge of asthma management, picking up vast experience along the way.

I feel passionately about patients and their families being given good, consistent information, allowing them to take control of their condition and manage their asthma symptoms well. Getting the basics right is key and through working together and education, strive to achieve this.

I am delighted to be part of beat asthma and hope that my contribution can make a difference to those that access the resource.

Outside of the world of asthma I can be found cheering on my daughter at her various sporting events and being a personal taxi service to said teenager. I am a keen but not very fast runner and spend as much time as possible in South West Scotland relaxing at our caravan.

Sally Hails (RGN, RSCN, DipN, Bsc (hons) Child Health Nursing), Dip paediatric asthma

Nurse Specialist Childrens Respiratory

The Great North Childrens Hospital