

Using a large volume spacer with mask

- If using for the first time, wash the spacer in warm soapy water. Do not rinse, leave to air dry. This removes the static from the device and once dry is ready to use. The device should be washed like this monthly
- Attach the mask to the mouthpiece of the spacer. Shake the inhaler well and put it in the hole at the end of the spacer
- Place the mask over your child's mouth and nose, making a seal
- Push the top of the inhaler to release a dose of medication – a puff
- Encourage them to breathe in and out at a normal rate for a count of 10, making the valve click
- Wait 30 seconds and repeat the above until the correct number of “puffs” have been given
- Give your child a drink or clean their teeth after using the spacer for inhaled steroids and wipe their face. This helps prevent the risk of side effects

