

How to use your Autohaler

- Shake the device well
- Remove the lid – it comes off from the back
- Hold the inhaler upright and lift up the lever on the top of the device
- Take care not to cover the air vents on the bottom of the device
- Take a deep breath in and breathe out fully
- As you place the mouthpiece in your mouth, take a long, strong, deep breath in for as long as you can – the device will make a loud “click”. It is important that you continue to breath in when this happens.
- Remove from your mouth, holding your breath for up to 10 seconds.
- Push the lever down on the top of the device
- Wait 30 seconds then repeat above until the prescribed number of doses have been taken

